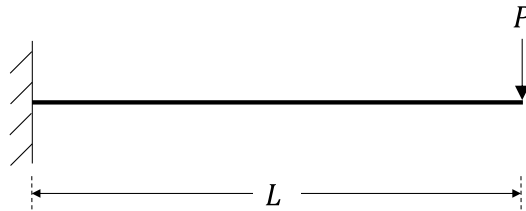


**MM2MS3 Mechanics of Solids 3**  
**Exercise Sheet 6 – Strain Energy Methods**

---

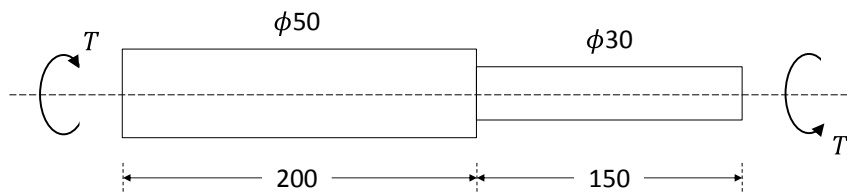
1. Using strain energy, derive an expression for the end deflection of the cantilever beam shown in Fig Q1.  $I$  = Second Moment of Area of cross-section and  $E$  = Young's Modulus of the beam.



**Fig Q1**

**[Ans:  $u_v = \frac{PL^3}{3EI}$ ]**

2. The stepped steel shaft shown in Fig Q2 carries a uniform torque of 500Nm. Determine the total torsional strain energy stored in the shaft. Assume  $G_{steel} = 70\text{GPa}$ .



All dimensions in mm

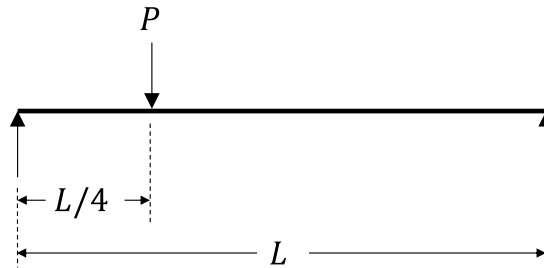
**Fig Q2**

**[Ans: 3.95J]**

**MM2MS3 Mechanics of Solids 3**  
**Exercise Sheet 6 – Strain Energy Methods**

---

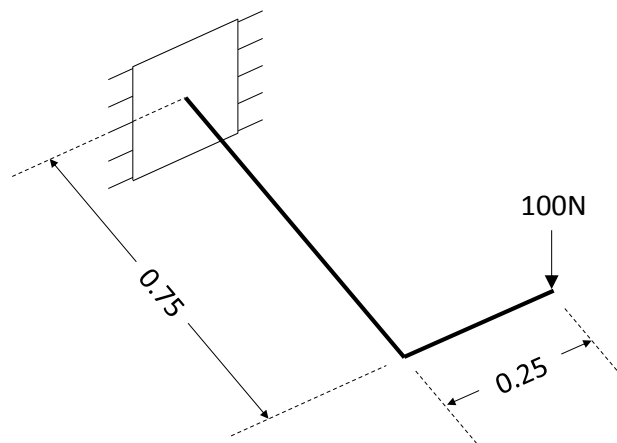
3. Using strain energy, derive an expression for the deflection at the load point of the beam shown in Fig Q3.



**Fig Q3**

**[Ans:  $\frac{9PL^3}{768EI}$ ]**

4. Calculate the deflection beneath the force for the cantilevered bracket shown in Fig Q4. The bar is circular in cross section with a diameter,  $\phi$  of 20mm, a Young's Modulus,  $E$  of 200GPa and a Shear Modulus,  $G$  of 80GPa.



All dimensions in meters

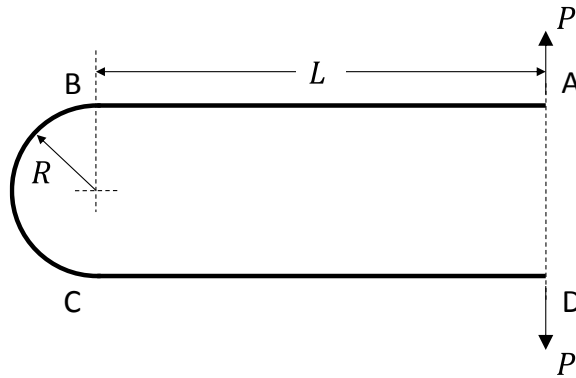
**Fig Q4**

**[Ans: 13mm]**

**MM2MS3 Mechanics of Solids 3**  
**Exercise Sheet 6 – Strain Energy Methods**

---

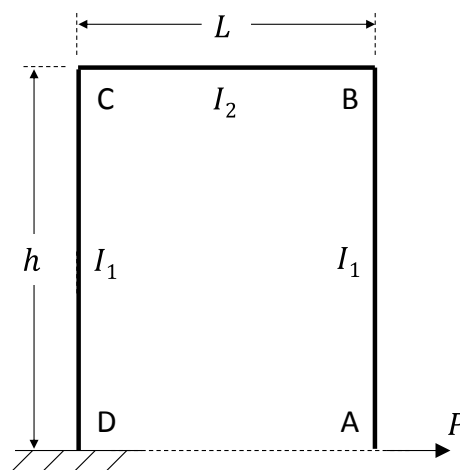
5. Derive an expression for the increase in distance between the ends A and D of a thin bar of uniform cross-section consisting of a semi-circular portion BC and two straight portions AB and CD as shown in Fig Q5.



**Fig Q5**

If the bar is of diameter 6mm,  $R$  is 40mm and is to have a spring stiffness,  $P/\delta$  of 100kg/m, show that the necessary length for  $L$ , is approximately 210mm. The bar is made from mild steel with Young's modulus,  $E = 210\text{GPa}$ .

6. Considering the effect of the bending only, determine the horizontal deflection of the point A of the frame shown in Fig Q6 due to the force  $P$ .



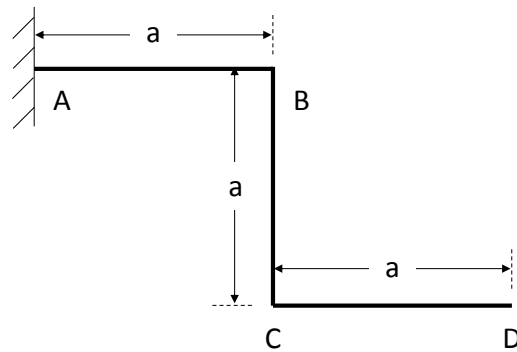
**Fig Q6**

**[Ans:  $\frac{Ph^2}{E} \left( \frac{2h}{3I_1} + \frac{L}{I_2} \right)$ ]**

**MM2MS3 Mechanics of Solids 3**  
**Exercise Sheet 6 – Strain Energy Methods**

---

7. The cranked rod ABCD in Fig Q7 is built-in at end A and carries a transverse force  $P$ , perpendicular to the plane ABCD at D. Assuming that the rod is made from round bar of uniform section, obtain (a) the deflection of D in the direction of  $P$  and (b) the angular rotation of the end D about axis CD.



**Fig Q7**

**[Ans:  $\frac{Pa^3(3+\frac{E}{G})}{EI}$ ,  $\frac{Pa^2(1+\frac{E}{G})}{2EI}$ ]**